



MUNROE CHIROPRACTIC

6035 Main Street | Williamsville, NY 14221
P: 716-632-4476 | F: 716-632-4503

Today's date: _____

Office use Only	
<input type="checkbox"/> Cash	<input type="checkbox"/> NF
<input type="checkbox"/> WC	<input type="checkbox"/> Med.

HEALTH QUESTIONNAIRE

In order to save time, and better serve you, please complete all questions.

Name: (First) _____ (M) _____ (Last) _____ Date of Birth: _____

Gender: _____ Sex at birth: M F Preferred Name/Pronoun: _____

Address: _____ City: _____ State: _____ Zip: _____

Home#: _____ Cell#: _____ Work #: _____ Preferred #: H C W

Email Address: _____ Relationship Status: _____

Employment Status: Part Time Full Time Disabled Retired Not Employed

Occupation: _____ Employer: _____

Employers Address _____

Student Status: Part Time Full Time School: _____

Do you have Medicare as your primary insurance? Yes No If yes, what is your Medicare ID number: _____

Primary Care Physician (Name, Address, and telephone number): _____

Whom may we thank for referring you to our office? _____

Who can we contact in case of an emergency? _____ Phone#: _____

Main Complaint: Why are you here today? Be specific with location: _____

1. When did it start? Date: _____

2. How did it start? Explain: _____

3. Are today's complaints the result of (Please check 'Yes' or 'No'):

a. Worker's Compensation Injury? Yes No

b. Auto (No Fault) Accident? Yes No

c. Home Injury? Yes No

4. Does it radiate to any other part of your body? Yes No Where? _____

5. Did it begin gradually or suddenly? _____

6. Rate the severity of your pain: (0 = No Pain to 10 = Excruciating) (Please Circle) 1 2 3 4 5 6 7 8 9 10

7. Describe your pain (DULL SHARP BURNING NUMBNESS SORENESS STIFFNESS ACHING) Other: _____

8. Has your problem been getting BETTER, WORSE, or STAYING about the SAME? _____

9. Does your condition come and go or is it all the time? _____

10. What makes your symptoms better? _____

11. What makes your symptoms worse? _____

12. Have you tried home remedies? Yes No What? _____

13. What doctors have you seen and what tests have been done for your condition? _____

14. Have you had anything like this before? Yes No Details: _____

Doctor's Initials: _____

Name: _____

Date: _____

- 15. Have there been any changes in bowel or bladder functions? Yes No Details: _____
- 16. Does your condition interfere with: Work Sleep Daily Routine Recreation
- 17. Activities or movements that are painful to perform: Sitting Standing Walking Bending Laying down
- 18. Have you been unable to work as a result of your current problem? Yes No
- 19. Do you have any other problems that you would like the doctors to evaluate? _____

Past History:

- 1. Have you had any of the following childhood diseases: (CIRCLE) Measles Rubella Chickenpox Mumps
Scarlet Fever Rheumatic Fever Tuberculosis Other?: _____
- 2. Have you been diagnosed with any other conditions? Yes No Explain: _____
- 3. Are you under a doctor's care presently for any type of health problem? _____
- 4. Have you had any broken bones? Yes No Which ones? _____
- 5. Have you ever had any significant auto accidents, work injuries or falls? Yes No When? _____
- 6. Are you taking any medication? Yes No Which ones? _____
- 7. Have you undergone any type of surgery? Yes No What and when? _____
- 8. Do you eat regular meals? Yes No How many meals per day? _____ Snacks per day? _____
- 9. Do you smoke, drink alcohol, caffeine or use recreational drugs? _____
- 10. Do you take vitamins or nutritional supplements? _____
- 11. Do you have any allergies? _____
- 12. Do any diseases run in any of your blood relatives? _____
- 13. How often do you exercise? _____
- 14. Describe your work activity: Sitting Standing Heavy Labor Light Labor
- 15. How many hours per night do you usually sleep? _____ How do you sleep? On your: Back Side Stomach
- 16. Do you wear: Heel Lifts Shoe Lifts Arch Supports Orthotics

Have you been diagnosed or been told you have the any of the following? (please circle YES or NO)

- YES NO High Blood Pressure
- YES NO Hardening of the arteries
- YES NO Diabetes
- YES NO Heart or blood vessel disease
- YES NO Bone spurs on the neck
- YES NO Whiplash injury
- YES NO Any relatives ever suffer a stroke
- YES NO Blurred vision
- YES NO Double vision
- YES NO Do you currently smoke?
- YES NO Have you smoked in the past?
- YES NO Sudden collapse without loss of consciousness
- YES NO Diminished or partial loss of vision in one or both eyes

Have you had any of these following symptoms for even a short or temporary duration? (please circle YES or NO)

- YES NO Slurred speech or other speech problems
- YES NO Difficulty swallowing
- YES NO Dizziness
- YES NO Temporary lack of understanding
- YES NO Loss of consciousness, even momentary blackouts
- YES NO Numbness or loss of sensation in the face, arms, hands, fingers, and/or legs
- YES NO Any other abnormal or loss in any other part of your body
- YES NO Weakness, clumsiness, or strength loss in the face, arms, hands, fingers, and/or legs
- YES NO Hearing loss in one or both ears

Doctor's Initials: _____

Name: _____

Date: _____

Symptoms

General:

- Bruise easily
- Dental problems
- Depression
- Difficulty sleeping
- Dizziness
- Fainting
- Fever
- Forgetfulness
- Headache
- Loss of sleep
- Nervousness
- Numbness
- Sweats
- Tiredness

Gastrointestinal:

- Poor appetite
- Bloating
- Bowel changes
- Constipation
- Diarrhea
- Excessive hunger
- Excessive thirst
- Gas
- Hemorrhoids
- Indigestion
- Nausea
- Rectal bleeding
- Stomach pain
- Vomiting
- Vomiting Blood

Cardiovascular:

- Chest pain
- High blood pressure
- Irregular heartbeat
- Low blood pressure
- Poor circulation
- Rapid heartbeat
- Swelling of ankles
- Varicose veins

Eye, Ear, Nose, Throat:

- Bleeding gums
- Blurred vision
- Crossed eyes
- Difficulty swallowing
- Double vision
- Ear ache
- Ear discharge
- Hay fever
- Hoarseness
- Loss of hearing
- Nosebleeds
- Persistent cough
- Ringing in ears
- Sinus Problems
- Vision- Flashes
- Vision- Halos

Review of systems:

- Breast lump
 - Erection difficulties
 - Lump in testicles
 - Penis discharge
 - Sore on penis
 - Difficulty with urination
 - Excessive Urination
 - Other: _____
- Date of last prostate exam: _____

- Abnormal pap smear
- Bleeding between periods
- Breast lump
- Extreme menstrual pain
- Hot flashes
- Nipple discharge
- Painful intercourse
- Vaginal discharge
- Other: _____

Date of last menstrual period: _____

Date of last pap smear: _____

Have you had a mammogram? _____

Do you take birth control pills? _____

If yes, for how long? _____

Are you pregnant? _____

Number of children: _____

Attention: Payment is to be made at the time of the visit unless prior arrangements have been made with this office. By signing below, you grant consent to any procedures or treatments necessary for treatment of any condition as deemed reasonable by the attending doctor.

Patient Signature: _____ Date: _____

Office use only:

Acct# _____ XR# _____ XR views _____

CA who entered pt in CT: _____ Video shown by: _____ One on given by: _____

Doctors initials: _____

Patients Name: _____

Munroe Chiropractic PC/Lumbar Conditions

We are dedicated to more than just decreasing your pain and want to help you reach a goal that will help you live YOUR best life. Below you will find a list of daily activities, please select the ones that apply to you and your condition. This will help our Doctors better understand your specific needs and customize your treatment plan.

<p align="center">Section 1- Pain Intensity</p> <p>A. The pain is mild and comes and goes B. The pain is mild and does not vary C. The pain is moderate and comes and goes D. The pain is moderate and does not vary E. The pain is severe and comes and goes F. The pain is severe and does not vary</p>	<p align="center">Section 6- Standing</p> <p>A. I can stand for more than 1-2 hours B. I can stand for 30-60 minutes C. I can stand for 15-30 minutes D. I can stand for less than 15 minutes E. I cannot stand at all</p>
<p align="center">Section 2- Personal care</p> <p>A. I am able to wash/dress with no difficulty B. I am able to wash/dress with mild difficulty C. I am able to wash/dress with moderate difficulty D. Unable to wash/dress without severe difficulty E. Because of pain, I am unable to wash/dress without help</p>	<p align="center">Section 7- Sleeping</p> <p>A. I have no trouble sleeping B. My sleep is slightly disturbed (less than 1 hr) C. My sleep is mildly disturbed (1-2 hrs sleepless) D. My sleep is moderately disturbed (2-3 hrs sleepless) E. My sleep is greatly disturbed (3-5 hrs sleepless)</p>
<p align="center">Section 3- Lifting</p> <p>A. I can lift very light weights B. I can lift light weights C. I can lift medium weights D. I can lift heavy weights E. I can lift no weight at all</p>	<p align="center">Section 8- Social Life</p> <p>A. My pain does not affect my social life B. My pain mildly affects my social life C. My pain moderately affects my social life D. My pain severely affects my social life E. I have no social life due to my pain</p>
<p align="center">Section 4- Walking</p> <p>A. Pain does not prevent me from walking any distance B. Pain prevents me from walking more than a mile C. Pain prevents me from walking a ½ mile D. Pain prevents me from walking a ¼ mile E. I can only walk using a walking device</p>	<p align="center">Section 9- Traveling</p> <p>A. I get no pain while traveling B. I get mild pain while traveling C. I get moderate pain while traveling D. I get severe pain while traveling E. I cannot travel due to my pain</p>
<p align="center">Section 5- Sitting</p> <p>A. I can sit in a chair with no difficulty B. I can sit in a chair with mild difficulty C. I can sit in a chair with moderate difficulty D. I can sit in a chair with severe difficulty E. I cannot sit in a chair at all</p>	<p align="center">Section 10- Work</p> <p>A. I am able to work as much as I want B. I am able to do light amounts of work C. I am able to do moderate amounts of work D. Unable to perform some and/or most work duties due to severe pain E. Unable to work at all due to pain</p>

Additional Low Back Difficulties not listed above: _____

Patient *Signature*: _____

Date: _____

MUNROE CHIROPRACTIC PATIENT PRIVACY NOTICE

This notice describes how medical information about you may be used and disclosed and how you can get access to that information. Please review this notice carefully.

Munroe Chiropractic is committed to maintaining the privacy of your protected health information ("PHI"), which includes information about your health condition and the care and treatment you receive from our office. The creation of a record detailing the care and services you receive helps this office to provide you with quality health care. This Notice details how your PHI may be used and disclosed to third parties. This Notice also details your rights regarding your PHI.

MUNROE CHIROPRACTIC MAY USE AND/OR DISCLOSE YOUR PHI FOR THE FOLLOWING REASONS:

- **Treatment:** In order to provide you with the healthcare you require our office will provide your PHI to those health care professionals, whether on our staff or not, directly involved in your care so that they may understand your health condition and needs.
- **Payment:** In order to get paid for services provided to you we will provide your PHI, directly or through a billing service, to appropriate third party payers, pursuant to their billing and payment requirements.
- **Health Care Operations:** In order for our office to operate in accordance with applicable law and insurance requirements and in order for the office to continue to provide quality and efficient care, it may be necessary for us to compile, use and/or disclose your PHI.

Munroe Chiropractic may also use and /or disclose your PHI without your specific authorization in the following additional instances:
De-Identified Information Business Associate / Personal Representative Emergency Situations / Public Health Activities Abuse, Neglect or Domestic Violence / Health Oversight Activities Judicial and Administrative Proceedings / Law Enforcement Purposes / Coroner or Medical Examiners / Sign-In Sheet Referral Board / Avert a Threat to Health or Safety / Specialized Government Functions / Workers' Compensation National Security and Intelligence Activities / Military and Veterans Family Member or any other person identified by you

Munroe Chiropractic's additional uses of your information:

New Patient Letter Telephone Messages / Personal Acknowledgement Cards / Appointment Reminder Cards

Uses and/or disclosures, other than those listed above will be made only with your written authorization.

YOUR RIGHTS: You have the right to...

- Revoke any authorization in writing, at any time.
- The right to request restrictions on the use and disclosure of your Protected Health Information.
- The right to receive confidential communications concerning your medical condition and treatment.
- The right to inspect and copy your Protected Health Information
- The right to amend or submit corrections to your protected health information.
- The right to receive and accounting of how and to whom your Protected Health Information has been disclosed.
- The right to receive a printed copy of this notice.
- Complain to Munroe Chiropractic or the Secretary of the Department of Health and Human Services if you believe your privacy rights have been violated.
- To obtain more information on or have your questions about your rights answered, you may contact Marianne Millidge at 632-4476 or via e-mail at marianne@munroechiropractic.com

MUNROE CHIROPRACTIC'S REQUIREMENTS:

- We are required by Federal Law to maintain the privacy of your PHI and to provide you with this privacy notice.
- We are required by New York State Law to maintain a higher level of confidentiality with respect to certain portions of your medical information than is provided under Federal Law. The particular state statutes are posted in our reception area.
- We are required to abide by the requirements of this privacy notice.
- We reserve the right to change the terms of this privacy notice and to make the new privacy notice provisions effective for all of your PHI that it maintains.
- We will distribute any revised privacy notice to you prior to implementation.
- We will not retaliate against you for filing a complaint.

THIS NOTICE IS IN EFFECT AS OF APRIL 14, 2003.



Munroe Chiropractic, PC
6035 Main Street
Williamsville, NY, 14221
Phone 716-632-4476 Fax 716-632-4503

ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

By signing below, I certify that I have received and reviewed this notice and all of my questions have been answered to my satisfaction in language I can understand.

Name of Individual

Signature of Individual

Signature of Legal Representative

Relationship
(e.g, Attorney-In-Fact, Gurdian, Parent
if a minor)

Date signed: _____

Witness: _____

Patients Name: _____

We are dedicated to more than just decreasing your pain and want to help you reach a goal that will help you live YOUR best life. Below you will find a list of daily activities, please select the ones that apply to you and your condition. This will help our Doctors better understand your specific needs and customize your treatment plan.

<p align="center">Section 1- Pain Intensity</p> <p>A. The pain is mild and comes and goes B. The pain is mild and does not vary C. The pain is moderate and comes and goes D. The pain is moderate and does not vary E. The pain is severe and comes and goes F. The pain is severe and does not vary</p>	<p align="center">Section 6- Recreation</p> <p>A. I am able to engage in all of my recreational activities with no pain B. I am able to engage in recreational activities with mild pain C. I am able to engage in recreational activities with moderate pain D. Unable to engage in most recreational activities due to severe pain E. I cannot partake in recreational activities at all</p>
<p align="center">Section 2- Personal Care (washing, dressing)</p> <p>A. I am able to wash/dress with no difficulty B. I am able to wash/dress with mild difficulty C. I am able to wash/dress with moderate difficulty D. Unable to wash/dress without severe difficulty E. Because of pain, I am unable to wash/dress without help</p>	<p align="center">Section 7- Work</p> <p>A. I am able to work as much as I want B. I am able to do light amounts of work C. I am able to do moderate amounts of work D. Unable to perform work duties without to severe pain E. Unable to work at all due to pain</p>
<p align="center">Section 3- Lifting</p> <p>A. I can lift very light weights B. I can lift light weights C. I can lift medium weights D. I can lift heavy weights E. I can lift no weight at all</p>	<p align="center">Section 8- Driving</p> <p>A. I can drive my car without pain B. I can drive my car with mild pain C. I can drive my car with moderate pain D. Unable to drive my car without severe pain E. Unable to drive my car at all due to pain</p>
<p align="center">Section 4- Reading</p> <p>A. I can read as much as I want without pain B. I can read as much as I want with mild pain C. I can read as much as I want with moderate pain D. I cannot read as much as I want due to severe pain E. I cannot read/concentrate at all due to pain</p>	<p align="center">Section 9- Sleeping</p> <p>A. I have no trouble sleeping B. My sleep is slightly disturbed (less than 1 hr) C. My sleep is mildly disturbed (1-2 hrs sleepless) D. My sleep is moderately disturbed (2-3 hrs sleepless) E. My sleep is greatly disturbed (3-5 hrs sleepless)</p>
<p align="center">Section 5- Headaches</p> <p>A. I have no headaches at all B. I have slight headaches which come infrequently C. I have slight headaches which come frequently D. I have moderate headaches which come infrequently E. I have moderate headaches which come frequently F. I have severe headaches which come infrequently G. I have severe headaches which come frequently H. I have constant headaches</p>	<p>Additional Neck Difficulties not listed above:</p> <hr/> <hr/> <hr/>

Patient *Signature*: _____

Date: _____